



**Biometric Screening Events
Overview & Implementation
Guide**

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Onsite Screenings

- **Fingerstick:** Non-fasting/fasting fingerstick options available at \$50/participant via claims.
- **Venipuncture:** \$50/participant via claims + invoice of \$15 per appointment order

Offsite Lab Screening

- Partnership with national lab service
- \$50/participant via claims

Physician Screening Form

- Member uses in conjunction with their annual preventive exam
- Free if used in conjunction with Onsite or Offsite options
- If the only screening option, \$12 invoice per form turned in. Free if paired with onsite screening.

Employers can choose to combine any or all methods above to offer to you population.



Onsite Biometric Screening Events:

Standard Package: Non-fasting* Fingerstick

- Height
 - Weight
 - BMI
 - Waist Circumference
 - Blood Pressure
 - Total Cholesterol
 - HDL
 - Glucose
- * LDL and Triglycerides included with fasting fingerstick orders. Venipuncture provides all of the above.*

Eligibility and Pricing

- Blue KC subscribers and spouses covered by group medical insurance
- \$50/participant for standard package
 - Billable through claims
 - Non-members can be included at same charge (invoiced)
- Venipuncture results in the \$50 per participant claim and a \$15 invoice per appointment ordered to the group. Other testing options available for additional fees apply.

Planning Details

- 6 weeks lead time
- Minimum of 20 participants
- Event location address
- Contact information per location
- Minimum # expected to complete onsite screening per location
- Events have a minimum time of four hours
- Changes to events cannot be made within 10 days of the event

Events on weekends, holidays and 7p-7a time will incur additional fees



Onsite Screening Event Day

Day before

Registration will remain open until one hour before your event start time. Screeners will have tablets configured to check in participants and record their results. You can obtain the current appointment list any time from the admin site provided to you by the Health Event Specialist.

Day of

Event staff will arrive 45-60 minutes before event start time. Participants will check in and will be directed to an available technician.

- *Please have participants arrive no more than 5-10 minutes prior to their scheduled screening time; this shortens wait times, time away from work and assists with event flow. Those without a scheduled appointment will be accommodated based on the schedule.*
- *Please encourage members to bring their **most recent** insurance card. This will expedite check-in for walk-in participants.*

After event

Once the participant's screening is finished, they will be given a copy of their results and asked to complete a satisfaction survey.

Members who miss their appointment will need to call eHealth Screenings at 888-708-8807 to reschedule (if other events are available) or request a Physician Screening Form.



Offsite Lab Screening Option

Lab Details

- Member will obtain requisition form on the AHY portal
- Member will choose participating lab location and call for an appointment
- The Lab screening will include a venipuncture to determine glucose, total cholesterol, HDL, LDL and triglycerides. The member will also obtain their height, weight, blood pressure and waist circumference.
- This method is processed via the claims system at \$50.



Physician Screening Form

CRITERIA AND INSTRUCTIONS

Authorization to Release Biometric Screening Information

To participate in A Healthier You Physician Screening program, you and your health care provider must complete this entire form. If any items are left blank or unsigned by your health care provider, this form will be considered incomplete.

Please submit your completed Physician Screening Form using one of the following methods:

- Email: AHyscreening@ehealthscreenings.com
- Fax: 210-899-1227
- Upload Document:
 - From the A Healthier You home page, click on the "Biometric Screenings" card
 - Then click "Physician Screening"
 - In the new window, select "Upload Form" button

**You will receive an email within 48 hours to confirm receipt of your form. If you do not receive a confirmation email, please contact eHealth Screenings at 888-708-2207 or send an email AHyscreening@ehealthscreenings.com.

Section A | PARTICIPANT INFORMATION

First Name:	Last Name:
Sex:	DOB: (mm/dd/yyyy): ____ / ____ / ____
Phone:	Email:
Participant Signature:	Date:

Section B | PROVIDER/TESTING FACILITY INFORMATION

Provider Name:	Phone:
Provider Signature:	Test Date:

Section C | BIOMETRIC AND LAB RESULTS

Blood Pressure		Body Measurements <small>W/L is a calculated value and will be available in your final report from eHealthScreenings.</small>			Fasting Status <input type="checkbox"/> Yes, I fasted 9 or more hours <input type="checkbox"/> No, I did not fast 9 or more hours
Systolic: <small>(mmHg)</small>	Diastolic: <small>(mmHg)</small>	Height: <small>(inches)</small>	Weight: <small>(lbs)</small>	Waist: <small>(inches)</small>	
Blood Testing Results					
Total Cholesterol: <small>(mg/dL)</small>	LDL Cholesterol: <small>(mg/dL)</small>	HDL Cholesterol: <small>(mg/dL)</small>	Tiglycerides: <small>(mg/dL)</small>	Glucose: <small>(mg/dL)</small>	

To contact eHealthScreenings with any questions or to confirm receipt, email us at AHyscreening@ehealthscreenings.com or call (888)708-8807.

Available in conjunction with onsite event request

- **\$12 per form fee if offered as stand-alone service** (if paired with onsite screening or Lab option, there is no fee for this form)
- **Blank forms cannot be distributed**

Members must:

- Complete all fields and sign consent
- Submit lab values
- Obtain physician's signature on form

Once form has been submitted:

- Members will receive a confirmation email that their form has been processed OR additional info is needed.
- Monthly reminder emails are issued to collect any missing information.

Registration Options



AHY Portal

- Members can register for any of the screening options the group has chosen



AHY App

- Members can register for any of the screening options the group has chosen
- Members can interact with all other aspects of the portal



Manual (for onsite events only)

- Employers have the ability to register participants for an event
- A form is provided to track appointments and is due to AHY **10 calendar days** prior to the event



Telephonic

- Participants can contact eHealthScreenings Customer Service at (888) 708-8807, opt. 1
- Non-Blue KC insured participants must register telephonically

Following the Screenings

Results



Results will be posted on member portals within 7-10 business days following the event. Members can check the blue banner card at the top of their portal for confirmation.

Points



Points are awarded when member results are posted. Members earn points for completing the screening and for biometric outcomes, when applicable.

Reporting

Aggregate Reports

Available if 50 or more of your members complete a screening

The aggregate report is provided 30 days after the incentive deadline

Participation Reports

AHY can provide reports on screening participation.

Email AHY@BlueKC.com to obtain the participation request form

System Requirements

In order to help ensure proper delivery of emails and easy access to the registration site, please have your IT System Administrator whitelist the following:

URLs

bluekc.healthmine.com
<https://sso.healthinsight.com>
<https://scheduler.ehealthscreenings.com/SSO>

Email domains

@healthmine.com
service@ehealthscreenings.com
@mailgun.ehealthscreenings.com

Please note, these are not active websites; they are required to ensure downloads and emails are able to pass through your security firewalls and allow the Single Sign-On (SSO) gateway to complete.

A Healthier You Program Support



Bookmark the A Healthier You Employer Toolkit:
[BlueKC.com/AHYToolkit](https://bluekc.com/AHYToolkit)

All the tools you need for a successful wellness program.

Questions? Email AHY@bluekc.com