



Happy and Healthy
This holiday, Blue KC is right where
we belong.

FIND OUT WHY



A Healthier You What's the key to a joyful and safe holiday?

GET VAXXED



For Members Only We know colorectal cancer screenings aren't fun, but ...

NO MORE EXCUSES



Trending Now It's the most wonderful – and stressful – time of the year

HOW TO COPE

## CONNECT WITH US









An independent licensee of the Blue Cross and Blue Shield Association.
© 2021 Blue Cross and Blue Shield of Kansas City. All rights reserved.

2301 Main Street, Kansas City, MO 64108 BlueKC.com | (816) 395-2222

CONFIDENTIALITY NOTICE: This email message and any attachments are for the sole use of the intended recipient(s) and may contain proprietary, confidential, trade secret or privileged information. Any unauthorized review, use, disclosure or distribution is prohibited and may be a violation of law. If you are not the intended recipient or a person responsible for delivering this message to an intended recipient, please contact the sender by reply email and destroy all copies of the original message.

DG1127\_121621

Unsubscribe