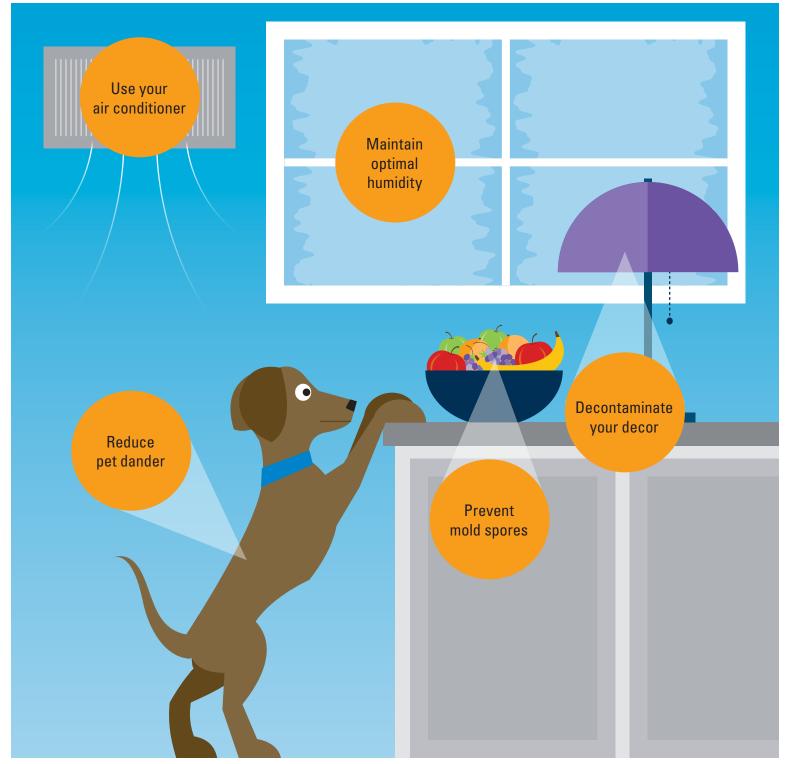


Caring For Asthma

Although you can rely on medications to relieve symptoms, there are several other things you can do on your own to care for your asthma.



Source: Mayo Clinic