



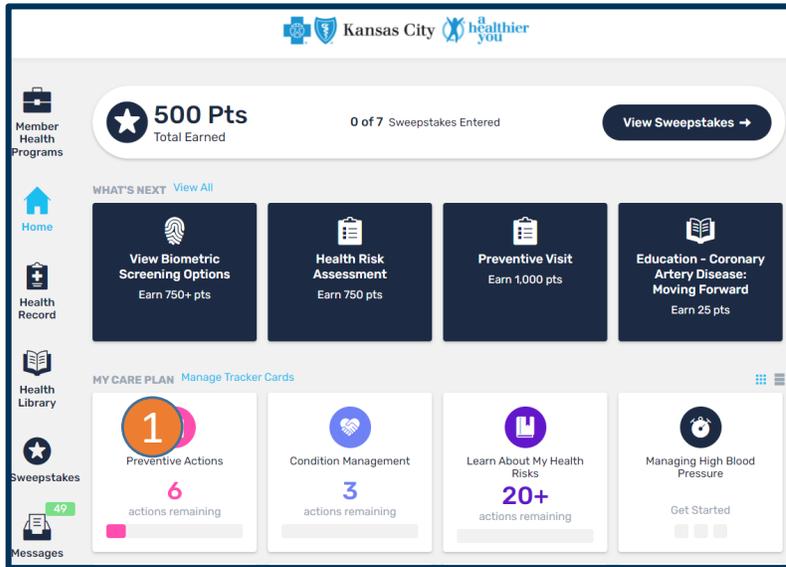
Kansas City



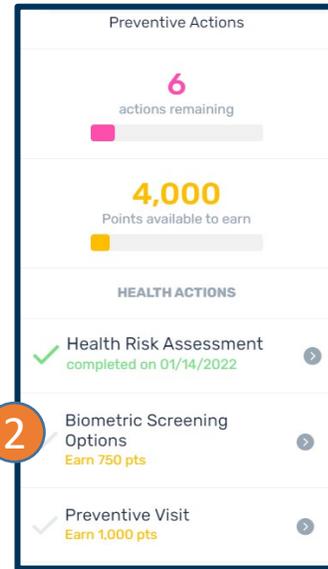
A Healthier You: Confirm Completion of Activities

Log into MyBlueKC.com or the MyBlueKC app. Then click on Health and Wellness > A Healthier You

Confirmation of Preventive Actions: Biometric Screening, Health Risk Assessment or Preventive Exam:

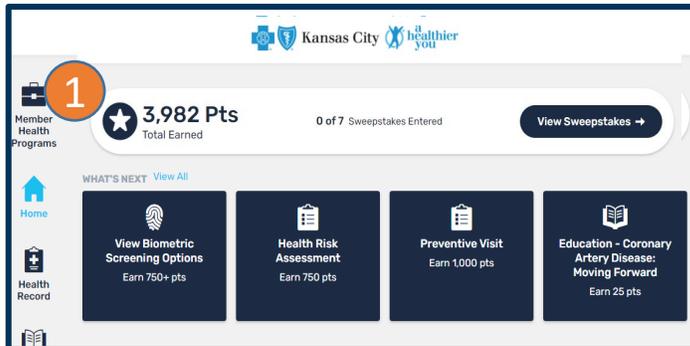


1. Click on Preventive Actions

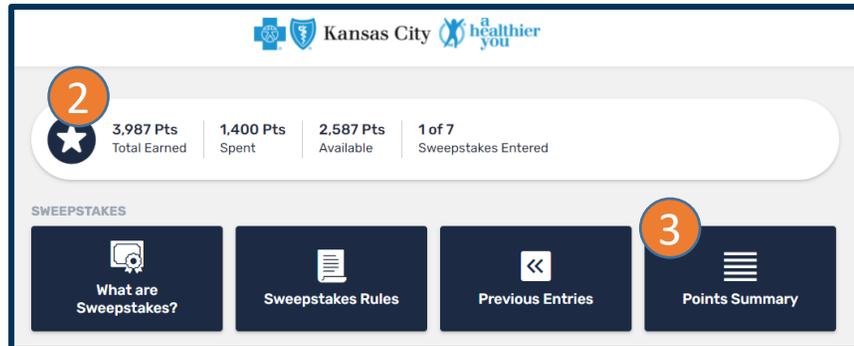


2. View the health action. If complete, there will be a green checkmark and a completion date posted.

Confirmation of Points Earned Value:



1. Total earned points are always visible in the top left section of the portal. To see more detail, click on "View Sweepstakes".



2. View total points earned, points spent in sweepstakes and points available to spend in sweepstakes.

3. Click "Points Summary" to see all the ways points have been earned in this plan year.

Note: Points restart at zero at the start of each new plan year.

Having Trouble? Email AHY@BlueKC.com.