HAVE YOU BEEN VACCINATED?

FLU SHOT REMINDER

Blue KC wants to help you protect yourself by getting a flu shot and other recommended vaccines.

**FLU FACTS**¹
- Everyone over the age of six months should get vaccinated against the flu.
- Flu viruses used in flu shots are inactive, so they cannot cause infection.
- If you get the flu vaccine, you are about 60 percent less likely to need treatment for the flu.

YOUR FLU SHOT COVERAGE

- Blue KC will pay 100 percent of the allowable charge if you receive your flu shot from an in-network provider.
- Most primary care doctors, pediatrician practices, clinics and pharmacies offer flu shots.
- Call before your appointment to make sure there are no restrictions and the vaccine is available.

Get Vaccinated at the Pharmacy

In addition to visiting your doctor or child’s pediatrician, members with pharmacy benefits can now walk into a participating in-network pharmacy to receive many preventive immunizations.² ³ Here’s how:

Call your pharmacy location for complete details and to confirm the following:
- The location’s participation.
- Vaccine supply.
- Hours vaccines may be given.
- If you need an appointment.

Receive preventive immunizations on the spot at your in-network pharmacy—with no cost share to you—for the following:
- Flu
- Hepatitis
- Pneumonia
- Shingles (age 60 and older)
- HPV
- Childhood Vaccines
- Meningitis
- Tetanus, Diphtheria, Pertussis

¹ The Centers for Disease Control & Prevention
² Routine vaccines are covered based on the CDC guidelines. In addition, travel vaccines are not covered.
³ Each state has different rules and regulations regarding a pharmacist’s authority to administer vaccines. Not all pharmacies will be able to give all covered vaccines at all times to all ages.

Need a flu shot quick? Give your pharmacy a call to see if they offer this service. Don’t have a pharmacy? Find one in your network by logging into MyBlueKC.com, select Find Care, and then select Find a Pharmacy.