



HAVE YOU BEEN VACCINATED?



FLU SHOT REMINDER

Blue Cross and Blue Shield of Kansas City (Blue KC) wants to help you protect yourself by getting a flu shot and other recommended vaccines.

FLU FACTS¹

- Everyone over the age of six months should get vaccinated against the flu.
- Flu viruses used in flu shots are inactive, so they cannot cause infection.
- If you get the flu vaccine, you are about 60 percent less likely to need treatment for the flu.

YOUR FLU SHOT COVERAGE



Blue KC will pay 100 percent of the allowable charge if you receive your flu shot from an in-network provider.



Most primary care doctors, pediatrician practices, clinics and pharmacies offer flu shots.



Call before your appointment to make sure there are no restrictions and the vaccine is available.

¹ The Centers for Disease Control & Prevention
² Routine vaccines are covered based on the CDC guidelines. In addition, travel vaccines are not covered.
³ Each state has different rules and regulations regarding a pharmacist's authority to administer vaccines. Not all pharmacies will be able to give all covered vaccines at all times to all ages.

GET VACCINATED AT THE PHARMACY



In addition to visiting your doctor or child's pediatrician, members with pharmacy benefits can now walk into a participating in-network pharmacy to receive many preventive immunizations.^{2,3} Here's how:



Call your pharmacy location for complete details and to confirm the following:

- The location's participation.
- Vaccine supply.
- Hours vaccines may be given.
- If you need an appointment.



Receive preventive immunizations on the spot at your in-network pharmacy—**with no cost share to you**—for the following:

- Flu
- Hepatitis
- Pneumonia
- Shingles (age 60 and older)
- HPV
- Childhood Vaccines
- Meningitis
- Tetanus, Diphtheria, Pertussis

Go to MyBlueKC.com to find an in-network pharmacy. Log in and select Find Care on the left of the page, and then select Find a Pharmacy. You can also get more information about your pharmacy benefits by calling Customer Service at the number found on your member ID card.