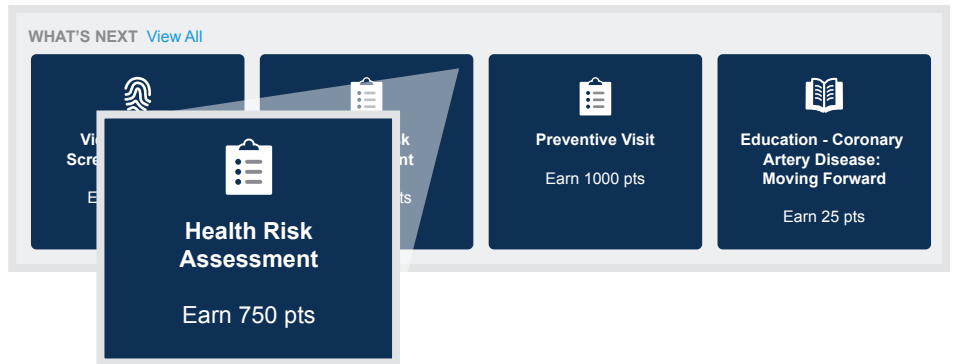




Complete the Health Risk Assessment

STEP 1: Log in to **MyBlueKC.com** and in the left hand menu click on **Health & Wellness > A Healthier You**. Then, click on **Health Risk Assessment**. You can also follow these steps in the **MyBlueKC app**.



STEP 2: Click "Start Assessment."

Complete all questions and click the submit button to finish the assessment.

