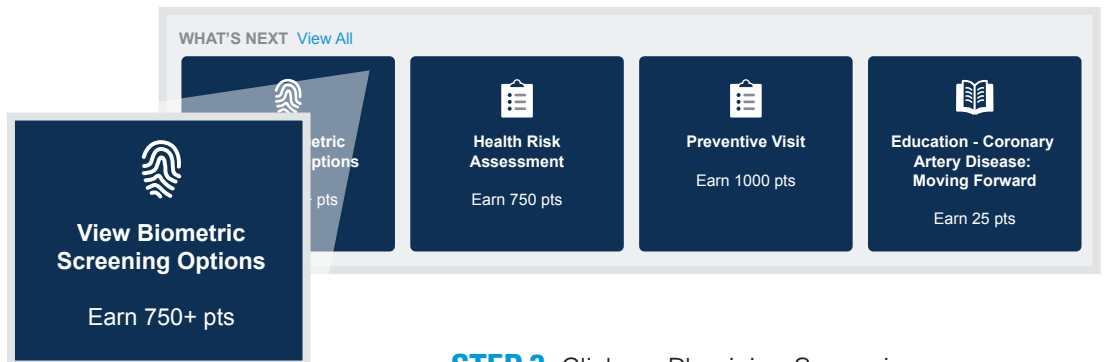


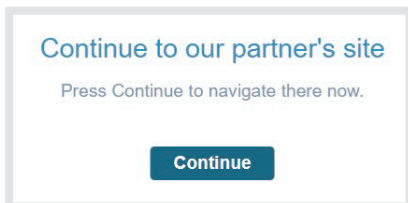


Register for a Physician Biometric Screening

STEP 1: Log in to **MyBlueKC.com** and in the left hand menu click on **Health & Wellness > A Healthier You**. Then, click **View Biometric Screening Options**. You can also follow these steps in the **MyBlueKC app**.

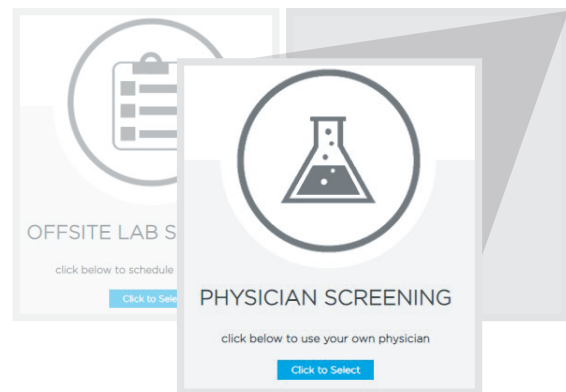


STEP 2: Click Continue

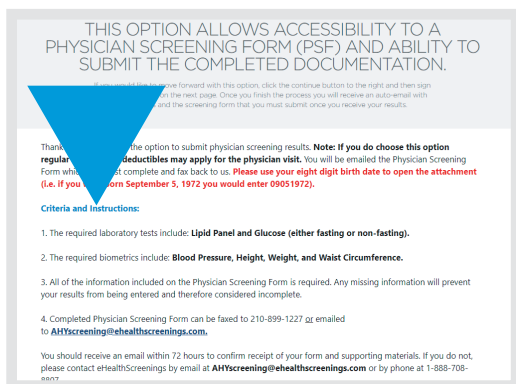


The first time on the site you will be asked to input information to verify identity.

STEP 3: Click on Physician Screening



STEP 4: Read and Click Continue



Having Trouble? Call **888-708-8807** and select Option 1.



STEP 5: Complete Consent



Health Screening Consent

Your employer has contracted with Premise Health Employer Solutions, LLC, on behalf of its affiliate eHealthScreenings ("Premise Health") to provide certain health and/or wellness services in connection with voluntary health screen program.

If applicable, by participating in the biometric screening, you consent to the collection of a blood specimen and/or bodily fluids. You understand and acknowledge that the collection of blood through a needle or fingerstick may cause pain, a bruise or, rarely, an infection. You also consent to the collection of additional biometrics (height, weight, blood pressure, waist circumference, and perhaps other measurements, as

I Agree (must scroll through consent) Printer Friendly

Signature (First and Last Name):

Today's Date: Continue

STEP 6: Attend Your Screening

- A confirmation page will appear to confirm your choice of Physician Screening Form.
- There will be a link to **download the form on the confirmation page** and you will be emailed a copy of the form to the email you entered in the system.
- Directions are available on your Physician Screening Form for completion.

Having Trouble? Call **888-708-8807**
and select Option 1.