24/7 Access to Virtual Care Online or Mobile Doctor Visits

Virtual care is not for emergencies. In case of a medical emergency, call 911 or go to the nearest emergency department. In case of a mental health emergency, call or text 988.

Blue KC Virtual Care visits through MyBlueKC.com or the MyBlueKC app.

- No appointment necessary for virtual urgent or sick care needs.
- Appointments needed for virtual therapists and psychiatrists for behavioral healthcare needs.

Urgent or Sick Care Needs

Get care wherever you are for common medical issues by streaming a live visit directly online or on your mobile device.

Virtual Care providers can treat common medical issues:

COVID-19
Sinus Pain
Mild Asthma
Mild Allergic Reactions
Minor Headaches
Burning with Urination
Cold Sores
Sprains, Strains
Pink Eye
Nausea, Vomiting, Diarrhea
Bumps, Cuts, Scrapes
Coughs, Sore Throat
Eye Swelling, Irritation, Redness or Pain
Minor Fevers, Colds
Rashes, Minor Burns

Why Use Virtual Care?

- Short wait times
- Meet with licensed, U.S. board-certified physicians and behavioral healthcare providers
- Feel safe with private, secure, HIPAA-compliant tool
- Rest assured if you are traveling and need care quick
- Works with your device's camera
- Get the care you need – including some prescriptions[1]
- Save on drive time
- May cost less than going to the emergency room[2]

Behavioral Healthcare

Get behavioral therapy and medication support[1] by scheduling your session with a virtual psychologist or counselor.

Behavioral healthcare services treat:

Anxiety
Bereavement/Grief
Bipolar Disorder
Depression
OCD
PTSD/Trauma
Panic Attack

Start an Appointment

Step 1: Download the **MyBlueKC mobile app** or visit **MyBlueKC.com**.

Step 2: View a list of available doctors, their experience and ratings, and select one.

Step 3: Create an account using your Blue KC member ID card for reference.

Access 24/7 Virtual Care

Visit **MyBlueKC.com** or download the MyBlueKC mobile app. Have your Blue KC member ID card handy.

MyBlueKC.com

MyBlueKC mobile app

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.

Scheduled virtual care appointments may be subject to a no show or late cancellation fee.

[1] Blue KC does not guarantee a prescription will be written.

[2] Affordable visits based on your plan's benefits. Costs can vary for behavioral healthcare provider type.

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